



## ADVENTURE DAYCAMP INFORMATION

Thanks for joining us for Adventure Day Camp 2019. Our staff are eagerly awaiting your arrival!

Below you will find useful pre-arrival information.

If you have any questions, please call the Island Lake office at (360) 697-1212.

### What should your child bring to camp?

- **Water bottle** (please label with your campers name)
- **Sunscreen** (please clearly label with your campers name)
- **Rain clothes**
- **Swimsuit, towel, and flip-flops**
- **Warm jacket**
- **Spending money** for deposit in camp store (**Bring Monday**)
- **Bible**

### Please do not bring

- Cell Phone
  - iPod, MP-3 player
  - Radio
  - Tape, DVD or CD player
  - Laptop
  - Fishing gear
  - Fireworks
  - Personal sports equipment, animals, tobacco
- PROHIBITED**
- Alcohol, drugs, or weapons of any kind

### Daily Sign-in/out Procedures –

- Check-in begins at 8am each day.
- Pick-up is at 4pm.

Parents/guardians will be asked to sign each child in and out every day. Please fill out the Camper Check-out authorization form and return with your health form and waiver.

Activities – Each camper will have the opportunity to participate in great camp activities such as:

Archery	Swimming	Skate Park	Bouldering Wall	Music	Nature Walks
Boating	Crafts	Climbing Wall	Game Room	Field Games	

Swimming – Camper swim checks take place during the first swimming session on Monday morning. The test consists of a short swim and a brief session of treading water in our swim area under the supervision of our waterfront staff. Note: deep-water activities (slide, Water Totter, Iceberg) require passing the swim check.

Food – Lunch and an afternoon snack are provided daily. (Breakfast is NOT provided for early arrival add-on).

Camp Store: We use a “bank” system so campers do not have to carry money.

Items for sale: Snacks & Soda: \$.25-1.25 Souvenirs: \$1-20 Apparel: \$15-50

After camp, any bank balance of \$10 or less will be donated to the CRISTA Camps scholarship fund. Any amount over \$10 can be picked up in the store when you check out. Refunds will be held for two weeks, after which time they will be donated.

Lost and Found – Please label all belongings with camper’s name and phone number. If the camper leaves something behind, call with a detailed description of the item and the week of camp attended. We will attempt to locate the item and mail it to you. You will be asked to provide the postage required to return the item. *All unclaimed items will be donated at the end of the summer.*

### Additional Options and Accommodations

*Pre-registration is required for all of these options.*

Early Arrival and Late Departure – Special arrangements can be made for campers to arrive at Island Lake beginning at 7 am and/or to be picked up no later than 5:30pm. The cost is **\$20** for Early Arrival and **\$25** for Late Departure per week.

Dirt Bike Instruction: Optional add on for kids in 4<sup>th</sup>-6<sup>th</sup> grade who are at least 4’6” tall, one hour per day. If your child is taking dirt bike instruction, you must provide them with the following:

**Protective boots:** Protective foot wear is required. Safe and acceptable boots are those with stiff, thick soles and heavy leather uppers that cover at least the ankle. Hiking boots work well. We will not allow campers to ride in boots made with soft nylon or rubber. If you need to buy boots you may choose to shop at thrift stores where boots can be less expensive.

**Long denim pants:** Long pants of sturdy denim are required for trail bike riding safety; if you have riding pants you may bring those. Shorts, sweatpants, or light materials **may not** be worn for riding motor cycles. Long sleeves and light weight gloves are strongly recommended. **Island Lake will provide protective goggles and helmets, or you may choose to bring your own.** Though it happens infrequently, Island Lake does reserve the right to ask a camper not to ride if the head trail bike instructor

determines for any reason that it is unsafe for that camper to ride. Reimbursement is prorated to cover days the camper was asked not to ride. Refunds will be processed by the end of the camp season.

### A Typical Day

7:00 am	Early Arrival	12:15 pm	Lunch
8:00 am	Check-in and games	1:00 pm	Activity Rotations
8:45 am	Fireside	3:00 pm	All-Camp Game
9:30 am	Dirt Bikes/Free time	4:00 pm	Check-out and Free time
10:30 am	Waterfront/Camp Store	5:30 pm	Late pick-up ends

This schedule is only a sample.

**Emergency Contact** – (360) 697-1212

**Program Director** – (360) 689-1456

## Notes from the Business Office

### CAMP FEES:

Your receipt summarizes what your camp and activity fees total for the week. You may also prepay Camp Store spending money. **NOTE: No refund will be given for cancellations within 30 days of the first day of camp. Cancellations are subject to a fee of \$25. Switching Camps incurs a \$15 service fee. A \$40 fee will be assessed for any returned check.**

### HEALTH FORM and WAIVER

- **Campers will not be able to attend camp without a completed health form and waiver.**

#### REQUIRED FORMS:

#### HEALTH FORM, WAIVER, PHYSICIAN'S AUTHORIZATION for administration of medicine

Please complete and submit the Health and Consent Form, Waiver and Physician's Authorization for administration of medication no later than two weeks before the camp session begins. A *Physician's Authorization for Administration of Medication* form must be fully completed and delivered to Camps prior to Camps dispensing any of the camper's **prescription** medicines, over the counter meds including Ibuprofen and Tylenol, and the camper's vitamins. **Even if your camper has no prescription medications,** you will likely want them to have access to Camp Ibuprofen and Tylenol, and the Physicians signature is required for this. If later than two weeks, please bring your health form, waiver, and physician's authorization with you, to check-in at registration. **Campers will not be able to attend camp without a completed health form and waiver.** **These Forms are available online at [www.cristacamps.com](http://www.cristacamps.com) under "Forms", or you may submit the health form and waiver electronically through the registration page** (if you registered online).

If you have any questions please call our business office Monday through Friday, at (360) 697-1212 or 1-877-7BE-HERE.

**Sick Child Procedures:** Children who are ill will not be permitted to remain at Day Camp. If your child experiences: fever, diarrhea, lice or nits, draining rashes, pink-eye, eye discharge, or vomiting, other arrangements will need to be made for their care. If a child becomes ill after drop-off, the parent/guardian will be contacted and asked to pick up his/her child.

If you have any questions please call our business office Monday through Friday, 8 a.m. to 5 p.m., at (360) 697-1212 or 1-877-7BE-HERE.

We look forward to meeting you at the Lake!

### CRISTA CAMPS

Island Lake - 12500 Camp Court NW - Poulsbo, WA 98370

Miracle Ranch - 15999 Sidney Road SW – Port Orchard, WA 98366

Phone: 1-877-723-4373 Fax: 360-697-1709 Email: [information@cristacamps.com](mailto:information@cristacamps.com)



PART OF THE CRISTA FAMILY